

WELCOME

VISION *The Wyong Catholic Parish is a welcoming, caring dynamic community*

MISSION STATEMENT *We will live and proclaim the message of the Gospel :*

Engage, Participate, Reach out and Transform

9TH MARCH 2025—FIRST SUNDAY OF LENT

WYONG CATHOLIC PARISH

ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL

Under the Pastoral Care of the

Society of Our Lady of The Most Holy Trinity (SOLT)

REFLECTION— 9th March 2025

The Gospel for the first Sunday in Lent recounts Jesus alone in a stark desert landscape. He personifies the journey of his own people, the Israelites, who were tested in the desert yet, unlike Jesus, they often failed. The three temptations that Jesus received, while different in context, all relate to compromising his mission. There is an inherent subtlety at play as each lure has a certain attraction. Satan, the tempter, proposes seemingly good alternative choices to Jesus.

The desert encounter testifies to the humanity of Jesus. It is an inevitable part of being human to struggle with the spirits of both light and darkness. The human heart is not neutral territory but instead a space that is frequently contested with our choices between good and evil. St Ignatius of Loyola clearly identified this in his spiritual practice of discernment of spirits. He noted that the devil comes to us especially in our good deeds, cloaked as an angel of light. We enter these six weeks of Lent within the backdrop of this desert scene. It is in this context that we experience a heightened sensitivity in discerning the subtle ways in which spirits of light and darkness compete for the holy ground of our hearts. We ask that we may have the clarity and strength of Jesus to remain faithful to choosing all that is anchored in and springs forth from the source of the true light.

Reproduced from God's Word 2025: Daily Reflections, Published by St Pauls Publications, Strathfield.



Fasting
Almsgiving
Prayer

Jubilee Prayer

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom. May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen.



WYONG PARISH COMMUNITY COLLECTIONS 2025

Each year as a parish we have three donated item collections supporting the disadvantaged members of the community. These collections are in Feb/March/April (Wyong Neighbourhood Centre), June (Vinnies Winter collection) and December (Vinnies Christmas collection). We ask that individual items are placed in the special collection trolley's or containers which will be available at both churches.

This collection drive will run from:
5th March—27th April 2025.

This year we are supporting **Wyong Neighbourhood Centre**. Please see below suggested items which can be donated. These items are those specifically needed by the disadvantaged people the charity supports.

More information on the charity can be found at the web address listed: Wyong Neighbourhood Centre Inc— <https://www.wnci.org.au>

Suggested donated items may include: Long-life milk, Noodles, Pasta, rice, good quality tinned fruit, food and meals (with ring pulls), Soups, spaghetti, Museli bars and long life snacks, Breakfast Biscuits/Cereal, UHT Milk, Noodles, Crackers, , Lollies/ Chocolate, Chips, Tea, Cappuccino sachets, Water/Juice, Beans, Gloves, Scarves, socks & Blankets.

Please place all donations into the special trolley or the plastic containers provided in the Church.

Thank you for your generous help which is most appreciated.

Extra Mower's Required

If there is any person who would be kind enough to join us in mowing on the Church grounds (to work in groups of 3) please contact Brian Bugden on 4388 2938.

We are looking for someone who would be available during the week and/or on Saturdays

To make life a little easier our equipment consists of 2 ride-on-mowers and 2 self-propelled mowers. Thank you.

Catholics Returning Home—An Open Door for Returning Catholics Welcome... Were you raised Catholic but do not attend Church anymore? Are you a Catholic who now feels separated from your faith? Would you like to know more about the Catholic Church as it is today? Would you like to feel at home in the Church again? No matter how long you have been away or for what reason, we invite you to consider renewing your relationship with your faith. This is a six-week program of compassion, kindness and understanding.
When: Monday 24th March 2025 **Time:** 6pm -7pm
Place: St Cecilia's Church Meeting Room
Contact: candice.little1@outlook.com or joanne.helm@dbb.catholic.edu.au

AGE TO AGE

Our parish, to survive and flourish, must increase the numbers of people who are active participants. In this Jubilee year, the Holy Father has called on us to be Pilgrims of Hope as he knows 'in the heart of each person is the expectation of good things to come, despite not knowing what the future may bring.'

The success of 'Age to Age' is to be our Hope and Challenge.

The program is designed to provide:

- opportunities to support youth development and well-being,
 - strong connections between youth, parents and parish,
 - establishment of active areas to achieve this connection,
 - understanding which will be carried into adult life
- Many parishioner volunteers are needed to take up this challenge. We know you will help.



OFFICE CLOSED

Tuesday 11th of March for Diocesan Parish Briefing.

For all urgent enquiries please use the contact the priests, using the numbers provided at the back of the bulletin.

Palm Burning Ceremony – Shrove Tuesday Pics

Thank you to all who participated in the ceremony, it was a lovely turn out!



UNITE AGAINST POVERTY
this Lent

Project Compassion Sunday

This Lent, we are called to *Unite Against Poverty* through Caritas Australia's Project Compassion. Your generous support this Lenten Season will enable

Caritas Australia to provide life-changing support to vulnerable communities in need.

Please donate today.

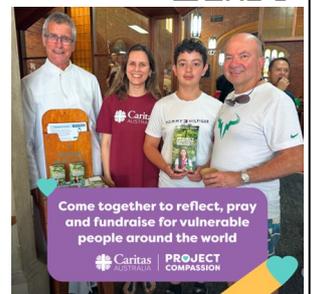
You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above.

Or online at:

caritas.org.au/project-compassion

Or by calling: 1800 024 413

Thank you for standing with us, as we *Unite Against Poverty* this Lent.



365 Pacific Highway
North Wyong NSW 2259
PO Box 786
Wyong NSW 2259



Ph: 02 4351 8004
Ph: 02 4392 8777

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Palm Cross Making

Dear Parishioners,

I hope this message finds you well. As we approach Palm Sunday, I am excited to invite you to participate in a special workshop aimed at crafting Palm Crosses for our parish's use at St Cecilia's Church and St John Fisher Mass Ctr on Palm Sunday.

Workshop

Date: Wednesday, April 9th, 2025

Time: 10:30 AM to 12 PM

Location: St Peter's Catholic College, 84 Gavenlock Road, Tuggerah (held in the T3 Trade Center)

A delicious morning tea will be provided. If you're available, I would deeply appreciate your assistance during this event. Your presence and help would greatly contribute to the success of our preparations.

If you can help, kindly call or text me on 0424 763 734 otherwise please let Margaret know in the parish office.

Blessings,

Jo Helm
Parent Engagement Coordinator
St Peter's College and St Cecilia's Primary School

RECONCILIATION SACRAMENTAL PROGRAM 2025

RECONCILIATION CEREMONY—Year 4 & above

St Cecilia's— Mon. 7th April

St John Fisher—Tues. 8th April

If you would like to enrol into the Reconciliation Program please use the QR code below and attend the classes at 4pm in St Cecilia's Church Hall on the 8th, 15th, 22nd & 29th March. If you have any questions please contact our sacramental coordinator, Christine at wyongparish@bbcatholic.org.au or Phone: 02 4352 1011. The programs are run differently at St John Fisher so if your child does not attend St John Fisher please use the St Cecilia QR Code.

Saint John Fisher Students

SACRAMENT OF RECONCILIATION
ENROLMENT FORM 2025: Saint
John Fisher



St Cecilia's & State School Students

SACRAMENT OF RECONCILIATION
ENROLMENT FORM 2025



Sacramental Program Volunteers

We are after some volunteers who could offer **1hr on 4 Saturday afternoons** to assist with classes for the sacramental program. You will not need to teach the class it will just be to help the teacher. Please contact the parish office if you are interested.

Phone: 02 4352 1011

Email: wyongparish@bbcatholic.org.au



Lenten Program 2025

Dear Parishioners

We are excited to extend a warm invitation to you to join us for our Lenten Prayer Mornings/Evenings, followed by morning tea/supper which will take place **Monday mornings of 17th and 31st March and 7th April at 9am** or if evenings suit you better **Tuesday Evenings of 18th and 25th March and 8th April at 6.30pm.**

Please RSVP to either Jo Helm on 0424 763 734 or to Margaret in the parish office 4352 1011.

During these prayer mornings/evenings, we will come together as a community to reflect, pray, and delve into the spiritual richness of the Lenten season. Our sessions will be guided by a beautiful Lenten booklet provided by the Broken Bay Diocese, offering a structured and meaningful journey through this sacred time.

Participating in a Lenten program provides numerous benefits for individuals and the community as a whole:

- **Spiritual Reflection:** Lent is a season of self-examination, reflection, and spiritual growth. Engaging in a Lenten program allows you to take intentional time for self-reflection, deepening your connection with faith and fostering personal growth.
- **Community Bonding:** Coming together in prayer fosters a sense of community and shared purpose. These prayer mornings provide a space for parents to connect, support one another, and strengthen the bonds within our St. Peter's School community.
- **Guidance Through the Lenten Journey:** The Lenten booklet from Broken Bay Diocese serves as a valuable guide, offering insights and reflections to enrich your Lenten experience. It provides a structured framework for prayer, meditation, and personal growth.
- **Enhanced Understanding of Lent:** Participating in a Lenten program helps deepen your understanding of the significance of Lent and its traditions. It allows you to fully immerse yourself in the season, making it a more meaningful and transformative experience.

We look forward to welcoming you. If you have any questions or require further information, please feel free to contact me on 0424 763 734 or email joanne.helm@dbb.catholic.edu.au

May this Lenten season be a time of reflection, growth, and grace for all.

Blessings,

Jo Helm
Parent Engagement Coordinator
St Peter's Catholic College

Lenten Program 2025 | A Promise of Hope
Booklets will be available to collect from exit pews from this weekend.



WE WARMLY WELCOME THE CHILDREN WHO ARE TO BE BAPTIZED THIS SUNDAY INTO OUR PARISH COMMUNITY. MAY THE GRACE OF THE LORD JESUS BLESS THEM AND THEIR FAMILIES.

STATIONS OF THE CROSS – St Cecilia's Church, Wyong Every Friday evening during Lent at **6:00pm**. Please join us, as we prayerfully walk the Way of the Cross.

Main Liturgical Feasts: MARCH

09 March—St Frances of Rome, Religious
11 March—St Aengus, Bishop, Abbot
17 March—St Patrick, Bishop, Missionary
18 March—St Cyril of Jerusalem, Bishop, Doctor of the Church
19 March—St Joseph, Husband of the Virgin Mary
23 March—St Turibius of Mogrovejo, Bishop
25 March—Annunciation to the Blessed Virgin Mary



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MASS TIMES

ST CECILIA'S CHURCH

23 Byron St Wyong

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass

Mon-Sat: 8.00am, Monday 9.15am (School Term)

Reconciliation/Confession Saturday morning after the 8am Mass & Saturday at 4.30pm

ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00 pm Sun: 8.30am & 5pm

Weekday Mass

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

Reconciliation/Confession Saturday at 4.30pm

EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099

Fr Alex Ph: 0432 947 245

Fr Teody Ph: 0414 494 823

PARISH OFFICE 23 Byron Street Wyong

Phone: 02 4352 1011 Po Box 385 Wyong 2259

OFFICE HOURS: Tuesday, Wednesday & Friday 9.30am to 2.30pm

PARISH CONTACTS

Parish Priest **Fr Raul Balute, SOLT Ph: 0450 115 099**

Email: raul.balute@bbcatholic.org.au

Assistant Priest **Fr Alex Barnedo, SOLT Ph: 0432 947 245**

Assistant Priest **Fr Teody Medina, SOLT Ph: 0414 494 823**

Parish Secretaries **Margaret Vandenberg & Christine Sassine**

PARISH EMAIL: wyongparish@bbcatholic.org.au

PARISH WEBSITE: <https://www.bbcatholic.org.au/wyong/>

FACEBOOK: www.facebook.com/wyongcatholicparish

Children's Liturgy at the following Masses

St Cecilia's 5:00pm Mass Saturday

St Cecilia's 9.30am Mass Sunday

St John Fisher 5pm Mass Sunday

BAPTISMS, WEDDINGS AND FUNERALS PLEASE CALL THE PARISH OFFICE

Mass St Barnabas, Yarramalong

1st Sun of month 11.15am

Filipino Mass St Cecilia's Church

3rd Sun of the month 12pm

Anointing of the Sick

First Friday of the Month

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

Eucharistic Adoration

St Cecilia's Daily 7am-8am

St John Fisher 1st Fri 8.45 - 9.15am

Devotion to Our Lady of Perpetual Help Saturday—**St Cecilia's** &

Wednesday—**St John Fisher** (after the 8am Mass)

Devotion to the Divine Mercy

St Cecilia's Fri after the 8am Mass

St John Fisher Fri after the 9:15am Mass

Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy
St Cecilia's Legion of Mary 9am Wed

Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

Parish Pastoral Council Meeting

PPC Secretary: Kerry Bugden

Ph: 02 4388 2938

KEEP US IN YOUR PRAYERS

Prayer: The most valuable gift you can give someone.

SICK: Finn McConnon, Irene Dainty, Rod & Pauline Cornwell, Michael McDermott, Michele Bolton, Jeanine Doueihi, Lisa Glanville, Jackson Ticehurst, Margaret McDermott, Dave Rodney, Danae Roe, Milva Kefu & Georgina Mastroianni

RECENTLY DECEASED: Ian Hughes, Philomena Pannell, Charlotte Claire Cabarrus, Brigeda Lo Basso

ANNIVERSARY MARCH: Myrtle & James Murphy, Reg Preston, Fr Tito Ayo, SOLT, Kevin Barry, Tony Cox



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SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe.

If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.

Mass 1st Sunday of Lent - 9 March 2025

THE LITURGY OF THE WORD

First Reading - Deuteronomy 26:4-10

A reading from the book of Deuteronomy

Moses said to the people: 'The priest shall take the pannier from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me." You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm - Ps 90:1-2, 10-15

R. Be with me, Lord, when I am in trouble.

Second Reading - Romans 10:8-13

A reading from the letter of St Paul to the Romans

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

The word of the Lord.

Thanks be to God.

Gospel Acclamation - Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God. Praise to you, Lord Jesus Christ, king of endless glory!

Gospel - Luke 4:1-13

A reading from the holy Gospel according to Luke

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him, 'throw yourself down from here, for Scripture says: He will put his angels in charge of you to guard you', and again: They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him to return at the appointed time.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

DIOCESAN LITURGIES IN 2025

JUBILEE YEAR - PILGRIMS OF HOPE

29
DEC, 2024

Mass for Diocesan Opening of Jubilee Year
9:30AM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

31
MAY, 2025

Mass for Patronal Feast of Broken Bay
Mary, Star of the Sea
9:30AM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

2
FEB, 2025

Mass for Religious
9:30AM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

1
JUN, 2025

Mass for Jubilee of Families, Children,
Grandparents and elderly
9:30AM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

9
MAR, 2025

Rite of Election
2:00PM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

8
JUN, 2025

Adult Confirmations
9:30AM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

30
MAR, 2025

Mass for Missionaries of Mercy
9:30AM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

19
NOV, 2025

Red Wednesday Mass
7:30PM OUR LADY OF THE DOLOURS
CHATSWOOD

15
APR, 2025

Chrism Mass
7:30PM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

22
NOV, 2025

Feast of Christ the King
2025 WYD & ACYF Pilgrim Blessing
5:00PM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

25
APR, 2025

ANZAC Day Mass
9:30AM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA

28
DEC, 2025

Mass for Diocesan Closing of Jubilee Year
9:30AM OUR LADY OF THE ROSARY
CATHEDRAL
WAITARA



BBJUBILEE.COM.AU



Liturgical Formation Series

Throughout the year we will be hosting a number of formation opportunities for those interested and engaged in Liturgical Ministries. Please see date claimers below:

- Saturday 15 March – The Art of Celebrating Holy Week
- Saturday 10 May – Back to Basics
- Saturday 16 August – RCIA – Practical Foundations | Liturgical Fundamentals | Ongoing Formation
- Saturday 25 October – Rekindle Our Wonder

Sunday of the Word of God | 9 February 2025

Sunday of the Word of God is a day devoted to the **celebration, study, and spreading** of the Word of God. In Australia, Sunday of the Word of God will be celebrated on 9 February 2025. Pope Francis impresses that the relationship between the Risen Lord, a community of believers, and sacred Scripture is essential to who we are as Christians.

Resources, including details about the Broken Bay Bible Offer can be found on our [website](#).

YOUTH

GROUP

@ OLR THE ENTRANCE

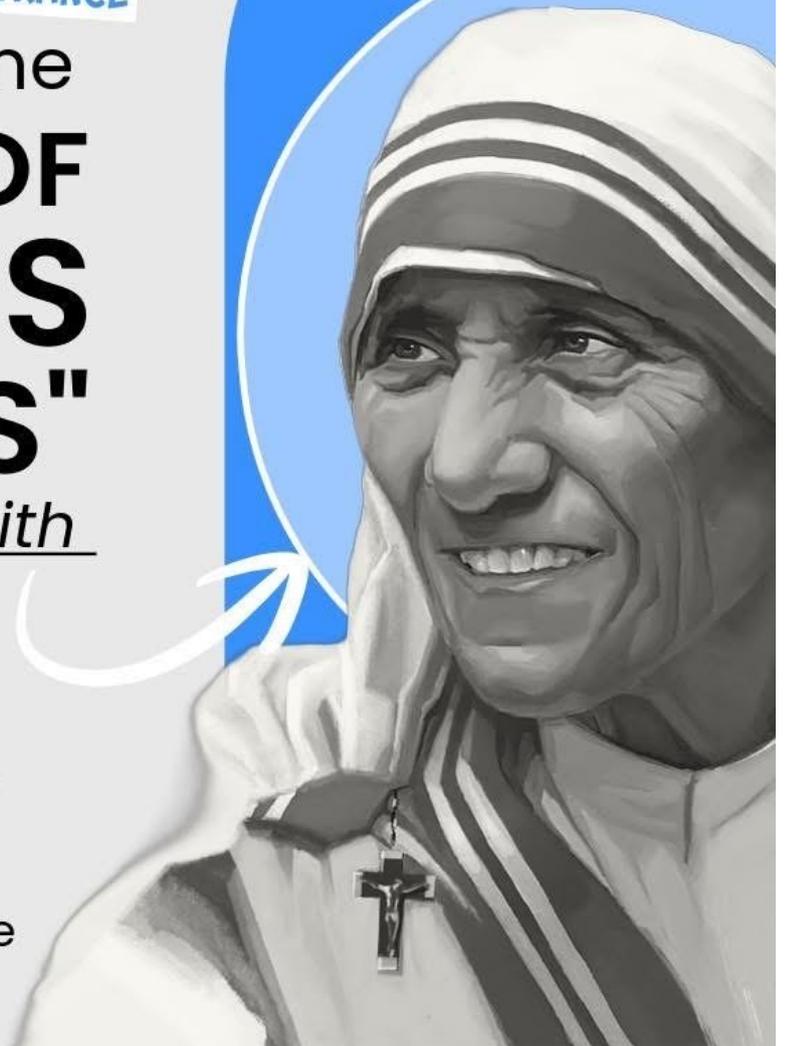
ST. MOTHER
TERESA

This Month's Theme
**"THE LIGHT OF
CHRIST IS
WITHIN US"**

Called to shine in faith
and action, like...

All Youth Welcome!
Starts after 5PM Mass
Sat 8th Mar

Contact Parish Office for more
info



LENT 2025 WITH THE CATHOLIC GUY, BRUCE DOWNES

Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter. Be inspired. Be refreshed. Be renewed!

For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here: <https://BruceDownes.org/Lent>

Go to BruceDownes.org for more information.

Please pass this invitation on to your parishioners, families and friends and we pray this will be a time of great renewal for you personally and in the people whom you lead.

Kind Regards

Sandra

Sandra Purcell | Events and Outreach

The Catholic Guy Ministry

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WE ARE PROUD TO ANNOUNCE OUR NEW ACCREDITATION FOR HOME CARE PACKAGES

CatholicCare is our social care agency in the Diocese of Broken Bay and we have been supporting the Northern Sydney, Northern Beaches and Central Coast communities for 35 years.

We understand many seniors prefer to stay at home as they age. The Government's funding for Home Care Packages can help you live independently at home for longer.

We want to know if our Home Care Packages are of interest to you, or a loved one and want to prioritise the needs of our parishioners before we promote to the general public. As a Catholic organisation we want the seniors we support to know they are truly cherished and valued and we're confident our services will be very well received.

There's no obligation to partner with CatholicCare. We may contact you to discuss your needs, but you're welcome to opt-out at anytime.

Name _____

Suburb _____ Phone _____

Email _____

Do you currently have Home Care Package funding from the Government?

Yes No Unsure

Do you need help applying for a Home Care Package?

Yes No Maybe

Is there any other feedback you'd like to provide?

Take a photo of this completed form and email to info@catholiccareddb.org.au or text a photo of the form to 0481 602 046. Thank you.

Magi Pilgrimages

Magi Pilgrimages would like to invite you for a 16-day Pilgrimage of Hope (22/04/25 to 07/05/25).

This pilgrimage features Fatima, Valladolid, Lourdes, Nice, Turin, Padua, Assisi, Rotondo, and Rome for an all-inclusive early bird price of \$8990+tips.

The fare includes Return Economy Airfares + Local Transfers in Deluxe coaches + Stay in Premium Hotels + All Breakfasts & Dinners + Catholic Priest + English speaking professional guides.

For enquiries & bookings: Call 03 8839 6615 or 1300 721 561 or Email us pilgrimage@magiholidays.com.au

Magi Pilgrimages Australia is organising the following Jubilee Pilgrimages 2025.

1. Streams of Mercy (May),
2. Italy & Poland (May),
3. Marian Shrines (June),
4. Shrines of our Lady (August),
5. Pilgrimage of Hope (October).

The fare includes Return Economy Airfares + Local Transfers in Deluxe coaches + Stay in Premium Hotels + All Breakfasts & Dinners + Catholic Priest +

English speaking professional guides.

For itineraries & bookings call 03 8839 6615 or 1300 721 561 or email us pilgrimage@magiholidays.com.au

Orlando
TRAVEL



PILGRIMAGE TO POLAND AND ITALY | 16 DAYS

POLAND & ITALY

IN THE FOOTSTEPS OF ST. JOHN PAUL II

DATE: 16 – 31 MAY 2025

PRICE: 8350 AUD/person + TIPS (GROUP 21 PERSONS)

FLIGHT: SYDNEY - DUBAI - WARSAW/ROME - DUBAI - SYDNEY (EMIRATES)

ROUTE: WARSAW - ZELAZOWA WOLA (CHOPIN) - JASNA GORA (CZESTOCHOWA) - AUSCHWITZ - KRAKOW - WIELICZKA SALT MINE - LAGIEWNIKI (SHRINE FAUSTYNA & JOHN PAUL II) - ZAKOPANE - WADOWICE - ROME - VATICAN - BOLSENA - ORVIETO - ASSISI



INFORMATION:

FR GREG SKULSKI SDS • THE SHRINE OF SAINT JOHN PAUL II
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PYMBLE CATHOLIC PARISH

19
DAYS

St Paul & Rome Jubilee Pilgrimage

Every 25 years, the Church declares a Holy Year, a profound gift of grace and mercy for all believers. In this dedicated Jubilee year, experience the journeys of renowned saints, from St Paul and his companions who ardently spread God's word, to St Peter in Rome. Enter the Holy Door of St Peter's Basilica and receive the Jubilee blessing in the Eternal City.

DEPARTS TUESDAY 13 MAY 2025 • 19 DAYS / 15 NIGHTS

Athens (2 nights) • Acropolis • Ancient Corinth • Kalambaka (2) • Meteora • Berea
• Thessaloniki • Kavala (2) • Ancient Philippi • Patmos (2) • Samos (1) • Kusadasi (2)
• Ephesus • Rome - Jubilee (4 nights)



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Fr Ireneusz Czech SDS



The Library of Celsus, Ephesus



the genuine pilgrim experience

harvest
journeys



Athens



Meteora

SYMBOLS: (B) Breakfast, (L) Lunch, (D) Dinner

Itinerary

DAY 1: TUESDAY 13 MAY 2025 – DEPART FOR GREECE

DAY 2: WEDNESDAY 14 MAY – ARRIVE ATHENS

Athens today is the thriving capital of Greece, but, more importantly, we have entered into the world of the New Testament where St Paul and his companions established the first Christian communities throughout his four missionary journeys.

On arrival in **Athens** we will be met and transferred to our centrally located hotel.
Athens overnight (D)

DAY 3: THURSDAY 15 MAY – ATHENS AND ANCIENT CORINTH

Theme: The Athenians & The Corinthians

When St Paul first came to Athens it was predominantly a city which worshipped pagan gods. St Paul was taken before the city council at the Areopagus Hill, a rough outcrop of limestone rock from which he preached the Gospel message to the Athenian philosophers (Acts 17:16-21).

We begin our pilgrimage with a tour of **Christian Athens** including the **Acropolis**, the **Areopagus** where St Paul delivered his famous sermon about the identity of "the Unknown God" (Acts 17:15-34). View the Ancient Agora and the **Plaka** (Old Greece) and explore the **Parthenon**.

Also see the **Kallimármaro Stadium**, dating back to 330BC and restored for the first modern Olympic Games held here in 1896.

Journey out to **Ancient Corinth** this afternoon where the apostle Paul lived for almost two years, teaching the people the

Word of God and converting many. Visit the ancient ruins and see the site where he preached the Gospel from the **Rostrum**. See the **Peirene fountain**, and the 6th century BC **Temple of Apollo** before an outdoor Mass in this stunning pilgrimage setting. Finally, we come to **Cenchreae**, the ancient port from where St Paul said farewell to the believers and departed for Ephesus (Acts 18:18).

Athens overnight (BD)

DAY 4: FRIDAY 16 MAY - ATHENS TO KALAMBAKA

This morning we begin our day at the fascinating **Acropolis Museum**, built to house every artefact found on the rock of the acropolis and the surrounding slopes. We continue north today to **Meteora** and to the small town of **Kalambaka** built at the foot of the majestic grey rocks.

Kalambaka overnight (BD)

DAY 5: SATURDAY 17 MAY – METEORA

Theme: The Monastics

We spend some time today marvelling at this unique phenomenon of nature – 24 perpendicular rocks where 600 years ago Byzantine monks chose to worship God and build their Monastic community of **Meteora**. We will visit some of these living monasteries and view the extraordinary collection of priceless religious frescoes and other treasures that will make this a remarkable visit.

Enjoy some free time this afternoon.

Kalambaka overnight (BD)

DAY 6: SUNDAY 18 MAY - KALAMBAKA TO KAVALA

Theme: The Bereans & The Thessalonians

Today we journey north by coach to **Berea** (modern Veria). The "**Bema**" - an impressive monument to Paul - is believed

to incorporate the steps from the original synagogue from which he preached the gospel to the Jews, who welcomed the word of God and began to study the Scriptures (Acts 17:10-12).

Continue on to **Thessaloniki**, Greece's second city, founded in 315 BC, and where St Paul preached during the winters of 49-50AD and wrote the two epistles to the ancient Thessalonians. It was here that he established the first Christian Church in Europe.

Our visit will include the ramparts of the city, the triumphal **Arch of Galerius**, as well as the **Rotunda** where we can see pieces of the pulpit from which Paul preached. View the **Roman Agora** where he also preached. Nearby we shall visit **St Demetrios' Church** dedicated to a Roman soldier who converted to Christianity and was later martyred. View its valuable mosaics and frescoes before descending into the crypt where we find the remains of some ancient Roman baths and streets.

Continue east along the ancient route of the Apostle Paul to the port city of **Kavala** (ancient Neapolis), once named "Christoupolis" after being the first European city to accept Christianity. It was here that St Paul, St Timothy and St Silas first landed from Troas (Acts 16:11), one of the great moments in the history of Christianity in Europe.

Kavala overnight (BD)

DAY 7: MONDAY 19 MAY - PHILIPPI

Theme: The Philippians

Arise and journey along the ancient route of the Apostle Paul to nearby **Philippi**, named after Philip II, father of Alexander the Great. It was here that St Paul won his first European convert, a woman named Lydia, from the city of Thyatira (Acts 16:12-40).

Visit the **Baptistry of Lydia** for a beautiful outdoor Mass on the **River Zygaktis**



House of the Virgin Mary



and renew our Baptismal vows. Visit the **marketplace** (where St Paul and St Silas were brought before the rulers) and the **cistern** which tradition identifies as the place where St Paul was imprisoned. In the **ancient theatre** we will hear the story of Paul's arrest, imprisonment, and miraculous release.

Remainder of the afternoon at leisure to rest back at our hotel.

Kavala overnight (BD)

DAY 8: TUESDAY 20 MAY - KAVALA TO PATMOS

Today we are transferred to the airport for our flight to Athens. On arrival we will be transferred directly to the Athenian port of Piraeus to embark our boat transfer to the Dodecanese Island of **Patmos**, where St John the Beloved wrote the Book of Revelation.

Island of Patmos overnight (BD)

DAY 9: WEDNESDAY 21 MAY - PATMOS DAY

Theme: The Patmosians

Lying between the islands of Leros and Ikaria is the 'ascetic shaped' Patmos, called the 'Jerusalem of the Aegean' due to the overwhelming atmosphere of the island during the great celebrations of Christianity.

We begin our day with a walking tour of the main square of the village of **Chora**. This is the traditional settlement and capital of Patmos, where the narrow streets were designed to ward off pirates over the centuries. Ascend to the **Monastery of St John the Beloved**, a huge fortress-like building dating from the 11th century, for a visit and celebration of Mass.

Our exploration of this living monastery will culminate with time in the actual **Cave of Revelation** where God chose to reveal to St John the mysteries of the last book of the Bible – the Apocalypse.

The cave is now at the foot of the monastery, which houses priceless icons and

manuscripts, sacred relics, and vestments embroidered with silver or gold threads and bejeweled with precious stones.

Later continue to the active **Convent of Evangelismos (Annunciation)** built by the hieromonk Nikiphoros who was cured from the plague after praying to St Luke the Evangelist. Visit the **Convent of Zoodochos Pigi** with icons dating from the 16th to the 18th century. Finally, we will enjoy a short scenic tour of the island.

Island of Patmos overnight (BD)

DAY 10: THURSDAY 22 MAY - PATMOS TO SAMOS

Today, we depart Patmos by ferry and make our way to the picturesque island of **Samos**, nestled in the heart of the Aegean Sea. Renowned for its lush landscapes, pristine waters, and rich ancient heritage, it is a destination of both natural beauty and spiritual significance.

Island of Samos overnight (BD)

DAY 11: FRIDAY 23 MAY - SAMOS TO KUSADASI

Depart Samos by ferry to **Kusadasi**, doorway to **Ephesus** and the **Churches of Revelation**.

On arrival in Kusadasi we will be met and transferred by coach to our centrally located hotel.

Kusadasi overnight (BD)

DAY 12: SATURDAY 24 MAY - EPHEBUS

Theme: The Ephesians

We travel directly to **Ephesus** this morning, the most famous of the Seven Churches of Revelation (Rev 2:1-7) where St Paul spent more than two years in the course of his third missionary journey. It was to the Christian community of Ephesus that St Paul wrote his greatest and most challenging letter (the epistle to the Ephesians) and also succeeded in converting many away from

worship of the god Artemis.

Our visit today will include the ruins where St Paul lived and preached. See the **prison of St Paul**; walk through the ancient marble streets founded in the 10th century BC and see this most 'complete' Roman city providing us with an excellent window into Imperial Rome. Pass the **Temple of Hadrian**, the **Library of Celsus**, the enormous **amphitheatre** (Acts 19:29-31), and finally come to the ruins of the **Christian Basilica** where the Third Ecumenical Council took place in 431AD, and where Our Lady was proclaimed "Mother of God". We ascend the hill to the **House of the Virgin Mary** where it is said Mary spent the later years of her life. We celebrate our group Mass here in one of the chapels. Finally, we visit the restored remains of the 6th century **Basilica of St John at Celcuk** where a small church was originally built over the tomb of St John the Evangelist.

Kusadasi overnight (BD)

DAY 13: SUNDAY 25 MAY - FLY TURKEY TO ROME*

This morning, we set out towards **Izmir**, once the site of ancient **Smyrna**, one of the Seven Churches of Revelation (Rev 2:8-11). This was home to a lively Christian community under the pastoral care of its bishop – the saintly **Polycarp**. After Mass, we are transferred to Izmir airport for our flight to **Rome**, the Eternal City, rich in the traditions of our Church, and the focus of many Jubilee Holy Year activities.

Upon arrival in Rome, we will be met and transferred to our accommodation.

Rome overnight (BD)

The Jubilee Year is a time for the faithful to renew their commitment and strengthen their relationship with God. It is also a time for

CONTINUED →



Rome



Vatican Museums

Catholics to come together as a community and to celebrate their faith. The 2025 Jubilee Year is sure to be a memorable and meaningful event for people around the world, to be blessed and refreshed for the mission that lies before us.

*Please note the itinerary in Rome is dependent upon the Jubilee circumstances and activities and may be subject to change.

DAY 14: MONDAY 26 MAY - ROME - CELEBRATING THE YEAR OF JUBILEE 2025*

After breakfast at the hotel, transfer to **St Peter's Basilica** for Mass. Then we visit the **Vatican Museums**, home to one of the world's greatest art collections, and Michelangelo's breathtaking **Sistine Chapel**. Then, we are back at **St Peter's Basilica** for a guided tour of the largest church in Christendom, built over his tomb, where we can spend a few moments to pray at the **tomb of late Pope John Paul II**.

This afternoon enjoy a walking tour of the historical centre of Rome. See some of the most famous sites in the Eternal City - **the Pantheon** (outside), **the Spanish Steps**, **Trevi Fountain**, **Piazza Navona**, **Piazza Venezia**, **the Colosseum** (outside).

Rome overnight (BD)

DAY 15: TUESDAY 27 MAY - ROME JUBILEE*

The journey this afternoon will take us to the majestic **Basilica of St Paul Outside the Walls**. Originally consecrated in 324, the saint's tomb is visible now under the Papal Altar. We will celebrate Mass here as a special tribute to the Church's greatest evangelist.

Continue then along the ancient **Appian Way**, the oldest road from Roman times to

the **ancient Catacombs** for a memorable guided tour to marvel at these underground burial tunnels for Christians and Hebrews.

Rome overnight (BD)

DAY 16: WEDNESDAY 28 MAY - ROME JUBILEE*

We will return to the Vatican and join with pilgrims from around the world for a memorable **General Audience with Pope Francis** (subject to the Pope's presence in Rome).

We continue on this afternoon with Mass and a visit of the impressive **St Mary Major Basilica**, followed by the **Basilica of St John in Lateran**, the first papal residence.

Adjacent are the **Holy Stairs**, which were brought from Jerusalem to Rome in 326AD by St Helena. From here we visit the **Basilica of Santa Croce in Gerusalemme** with its extraordinary collection of relics from the Holy Land.

Rome overnight (BD)

DAY 17: THURSDAY 29 MAY - DEPART ROME

Enjoy free time until your transfer to the airport. (B)

DAY 18: FRIDAY 30 MAY - IN TRANSIT

DAY 19: SATURDAY 31 MAY - ARRIVE HOME



PILGRIMAGE DETAILS

TOUR CODE	PV25118
STARTS	Tuesday, 13 May 2025
FINISHES	Saturday, 31 May 2025
AIR & LAND	AUD \$9490 (Twin Share) *
SINGLE ROOM	AUD \$2260 Supplement
PREPAID TIPS	AUD \$240 Per Person

* Costs have been based on prices as at November 2024 and must remain subject to possible change in the event of significant exchange rate variations, airfare or tax increases or minimum group size factors beyond Harvest's control. Refer to Harvest Booking Terms & Conditions for more details.

INCLUDED

AIRFARES: Return Economy Class group airfare from Sydney • One-way Economy Class group airfare Izmir-Istanbul-Rome

ACCOMMODATION & MEALS: Based on reputable local 3-4 star superior hotels or quality religious houses as applicable • Meals as specified in itinerary

TOURING & TRANSPORTATION: Deluxe Air Conditioned Coach touring • Professional Local Guides • Sightseeing and Entrance Fees

OTHER: Fully Escorted by Priest Chaplain • Porterage at hotels (where available) • Harvest Backpack, Pilgrim Journal and Travel Wallet

NOT INCLUDED

Other meals not listed • Passport and Visa Costs (if applicable) • Items of a personal nature including phone calls, laundry, beverages, etc. • Travel insurance • Prepaid Tipping



BOOKINGS & ENQUIRIES

harvestjourneys.com/pv25118

AU Free-Call: 1800 819 156

NZ Free-Call: 0800 819 156

info@harvestjourneys.com

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Alexandria BC

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CATHOLIC DIOCESE OF BROKEN BAY

10
DAYS

Jubilee Pilgrimage of Hope

Every 25 years, the Church proclaims a Holy Year, a special gift of grace and mercy for all God's people. Not only is Italy a land of unforgettable charm and beauty, it is also a land made rich in grace by its colourful history of holy men and women. In this dedicated Jubilee year, be inspired to encounter the pathways of some of the Church's greatest saints, from St Francis and Clare in Assisi to St Peter and Paul in Rome, the Eternal City, where we cross the threshold of the Holy Door in St Peter's Basilica and receive the Jubilee blessing.



Accompanied by
Fr Hien Vu

COMMENCES WEDNESDAY 01 OCTOBER 2025 • 10 DAYS / 9 NIGHTS

Rome Airport vicinity (1) • Assisi (2 nights) • Orvieto • Rome - Jubilee (6 nights)



"The Jubilee Year 2025 calls us to rediscover the centrality of Jesus Christ in our lives and to deepen our relationship with Him, as the Door through which we enter into the fullness of life."

- **Most Rev Anthony Randazzo DD, JCL,
Bishop of Broken Bay**



The dome of St Peter's over the River Tiber, Rome

the genuine pilgrim experience

harvest
journeys



Assisi



Orvieto

MEAL CODE: (B) = Breakfast (D) = Dinner

Itinerary

DAY 1: WEDNESDAY 01 OCTOBER – ARRIVE ROME

Welcome to Italy! On arrival at Rome airport, please make your way to the group hotel where this evening we will enjoy our first group dinner.
Rome overnight (D)

DAY 2: THURSDAY 02 OCTOBER – ROME TO ASSISI

This morning we will travel north to the pilgrimage centre of **Assisi**, where St Francis tended the poor and sick and founded the Franciscan Order.

We will visit the **Basilica of St Mary of the Angels** down on the plains where St Francis spent most of his life. Here we will see the **Portiuncula** (meaning 'small portion of land') where St Francis returned for prayer, the thornless rose bush, and the chapel where he died in 1226. On Palm Sunday 1211, Francis received in this church Clare of Assisi and dedicated her to the Lord.

Assisi overnight (BD)

DAY 3: FRIDAY 03 OCTOBER - ASSISI

This morning we awake to the sound of chapel bells, cobblestone footsteps and the tangible spirit of St Francis preserved within the medieval walls of this holy town.

Our day begins with Mass and a guided exploration of the buzzing **Basilica of St Francis** which occupies the entire western end of the upper town. Construction began in 1228, just two years after the death of Francis and was finally completed in 1250. The Upper Basilica houses the famous fresco cycle of the life of St Francis, historically attributed to Giotto. Wander through the marvels of the Upper Basilica before our tour descends to the crypt of the Lower Basilica where Francis was laid in

1230 and where we will take some time to seek the intercession of this spiritual legend.

We then walk to the **Church of Santa Maria Maggiore - Sanctuary of the Spogliazione**, where we are blessed with the opportunity to visit and pray at the tomb of **Blessed Carlo Acutis** – a young Catholic from Italy with a passionate devotion to the Real Presence of Jesus in the Eucharist and an aptitude for computer programming. From the ages of 12 to 14, he designed a website cataloguing Eucharistic miracles that have occurred around the world, which he launched in 2005. He died of leukemia a year later at the age of 15, offering his suffering for the pope and for the Church.

Onto the **Church of San Damiano** and the actual chapel where it all began when the voice of Christ spoke to Francis in the year 1205 (some may prefer to approach by foot down the hillside path in the spirit of St Francis). Adjacent to the chapel we find the first monastery of the Order of St Clare where Clare built her community in close friendship with Francis.

Our day concludes with a visit to the **Hermitage** (Eremo delle Carceri), an oasis of peace and tranquility in the woods built on the site of a simple cave where St Francis often withdrew to spend many hours in prayer. The cave and the Chapel of Our Lady are preserved in the Hermitage grounds.

An (optional) opportunity presents itself before dinner to attend **Vespers** in the **Basilica of St Clare** and listen to the angelic voices of the Poor Clare nuns. Housed in this church is the famous crucifix from which Jesus spoke to St Francis.

Assisi overnight (BD)

DAY 4: SATURDAY 04 OCTOBER - ASSISI VIA ORVIETO TO ROME

We farewell Assisi and journey south to the amazing medieval town of **Orvieto** with its **Duomo** (Cathedral), which has one of the world's most famous facades. The feast of the Body of Christ (Corpus Christi) was first proclaimed here in 1263 following the Eucharistic Miracle of Bolsena. We celebrate Eucharist in the chapel where the sacred cloth

from that event is preserved and enjoy a special visit to the **Signorelli Chapel**.

After our visit we then travel on to **Rome**, the Eternal City, rich in the traditions of our Church.
Rome overnight (BD)

DAY 5: SUNDAY 05 OCTOBER - ROME: CHRISTIAN MARTYRS

The Jubilee Year is a time for the faithful to renew their commitment and strengthen their relationship with God. It is also a time for Catholics to come together as a community and to celebrate their faith. The 2025 Jubilee Year is sure to be a memorable and meaningful event for people around the world, to be blessed and refreshed for the mission that lies before us.

Some of the spiritual activities that pilgrims are encouraged to participate in during our time in Rome are:

- Attend Mass and receive the Eucharist
- Make a pilgrimage to the many shrines and holy sites in Rome
- Pray for forgiveness
- Renew our commitment to our faith
- Strengthen our relationship with God
- Come together as a community and celebrate our faith

Following Mass this morning we will proceed to **St Peter's Square** where the Holy Father is expected to pray the **Angelus** with pilgrims from around the world (*subject to the Pope's presence in Rome*).

This afternoon we enter into the most visited attraction in Rome - the **Colosseum**. In 1749, Pope Benedict XIV declared the Colosseum a sacred site, as it was a place where early Christians had been martyred. View also the **Circus Maximus** and the **Roman Forum** en route.

Rome overnight (BD)

DAY 6: MONDAY 06 OCTOBER - ROME: THE VATICAN & MAJOR BASILICAS

Commence our pilgrimage with a spectacular Mass at **St Peter's Basilica** before coming to the nearby **Vatican Museums**. Wander the spectacular chambers leading to the **Sistine**



Vatican Museums



Roman Forum



St John Paul II



St Peter



St Paul



St Francis



St Clare



Bl Carlo Acutis



St John

Chapel to view Michelangelo's masterpieces, including the magnificent fresco of the Last Judgment. Continue through to the awe-inspiring St Peter's Basilica, the largest church in the world for an informative exploration. Our guided tour will feature among other highlights Michelangelo's stunning **Pieta**, the **tomb of Pope St John Paul II**, the **great Confessional** and the **Crypt** containing the tombs of several Popes.

In the afternoon, visit the impressive **St Mary Major Basilica**. Onwards to the **Basilica of St John in Lateran** (First Papal residence) and the adjacent Holy Stairs brought from Jerusalem to Rome in 326AD by St Helena (as a favourite of pilgrims, these steps may only be ascended on the knees). Visit the **Basilica of Santa Croce in Gerusalemme** with its extraordinary collection of relics from the Holy Land.

Rome overnight (BD)

DAY 7: TUESDAY 07 OCTOBER - ROME: ST PAUL'S & THE CATACOMBS

Journey this morning out to the majestic **Basilica of St Paul Outside the Walls**. Originally consecrated in 324, the saint's tomb is visible now under the Papal Altar. We will celebrate a wonderful Mass here as a special tribute to the Church's greatest evangelist.

Continue then along the ancient **Appian Way**, the oldest road from Roman times to the ancient **Catacombs** for a memorable guided tour to marvel at these underground burial tunnels for Christians and Hebrews. On the way, drive by **Domine Quo Vadis** - the chapel that stands at the site where, according to tradition, St Peter met Christ when he fled from Rome to escape martyrdom.

Rome overnight (BD)

DAY 8: WEDNESDAY 08 OCTOBER - ROME FREE DAY

Our day is free to discover more sights of Rome - perhaps throw a coin in the **Trevi Fountain**

before strolling to the **Piazza Navona** to soak up the vibrant atmosphere. Indulge in a gelato or enjoy a coffee while absorbing and admiring the history of this ancient city. Strolling through the streets is like walking through the pages of a history book.

OR

For the next two days participate in the Jubilee of Consecrated Life spiritual and cultural events taking place around Rome.

This evening join with fellow pilgrims for a prayer vigil.

Rome overnight (BD)

DAY 9: THURSDAY 09 OCTOBER - ROME: PAPAL MASS

We make our way to St Peter's Square this morning for a memorable **Papal Mass in celebration of the Jubilee of Consecrated Life**.

This afternoon, we explore the vibrant **Trastevere** district. Our first stop is the charming **Basilica of Santa Maria in Trastevere**, a historic church dating back to the 12th century. We continue on to the **Basilica of St Cecilia**, built on the site of the former house of the saint who was martyred in 230AD. The body of the saint is venerated in the crypt.

Afterwards, we wander on to enjoy an enchanting evening filled with food and traditional music at a typical Italian trattoria, marking our farewell to Rome and our pilgrimage.

Rome overnight (BD)

DAY 10: FRIDAY 10 OCTOBER - DEPART ROME

This morning we bid farewell to the Eternal City as we make our way to the airport for our homebound flights or ongoing travel connections. (B)

PILGRIMAGE DETAILS

TOUR CODE	PV25102
STARTS	Wednesday, 01 October 2025
FINISHES	Friday, 10 October 2025
LAND COST	AUD \$5390 (Twin Share) *
SINGLE ROOM	AUD \$1950 Supplement *
PREPAID TIPPING	AUD \$150 Per Person

* Costs are indicative and have been based on prices as at January 2025 and must remain subject to possible change in the event of significant exchange rate variations, tax increases or minimum group size factors beyond Harvest's control. Refer to Harvest Booking Terms & Conditions for more details.

INCLUDED

ACCOMMODATION & MEALS: Based on quality religious houses or 3 and 4-star hotels • Meals as specified in Itinerary.

TOURING & TRANSPORTATION: Deluxe air-conditioned touring coach • Professional English-speaking Tour Escort and local guides • Sightseeing and entrance fees

OTHER: Fully escorted by priest chaplain • Daily Masses • Porterage (where available) • Harvest Travel Pack: backpack, travel wallet, pilgrim's journal and sunbrella.

NOT INCLUDED

International airfares • Travel Insurance • Visas and entrances not listed • Passport and visa costs (if applicable) • Other meals not stated • Drinks with meals • Items of a personal nature • Prepaid Tipping

Book Now



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CATHOLICCARE BROKEN BAY

Did you know that CatholicCare has a free financial counselling service?

When Jennifer fell pregnant as a young, single woman, she knew that caring for this baby would fall solely on her. Along with the myriad of emotions that came with a positive pregnancy test, she was anxious about her financial future. Jennifer was supported by CatholicCare's [financial counselling](#) team, which ultimately reduced her stress and gave her the breathing space to enjoy her newborn son.

Click [here](#) to read more of Jennifer's story.

To find out more about CatholicCare's financial counselling services call us today on [1800 324 924](tel:1800324924) or email info@catholiccaredbb.org.au

Key Telephone Numbers

KEY TELEPHONE NUMBERS

POLICE: 000

Call the Police for immediate assistance.

1800 RESPECT: 1800 737 732

A national 24-hour 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

FOR NON-ENGLISH SPEAKERS

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

CATHOLIC CARE BROKEN BAY

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast: 1800 324 924 Northern Beaches: 1800 324 924
Naremburn: 1800 324 924 Waitara: 1800 324 924

MEN'S REFERRAL SERVICE: 1300 766 491

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

Immigration Advice and Rights Centre **02 8234 0777**
Immigrant Women's SpeakOut Association **1800 656 463**
Legal Aid NSW **1300 888 529** (business hours)

PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900. It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download www.bbcatholic.org.au

www.bbcatholic.org.au



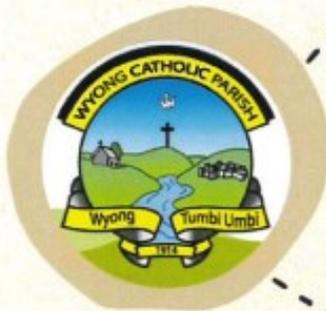
**CATHOLIC
DIOCESE OF
BROKEN BAY**

SAFEGUARDING is everyone's responsibility



Everyone must practice **A DUTY OF CARE**. We are called to step up and speak out.

Need to be listening & watching to understand if there are any concerns and take them seriously



Tell one of our designated persons in authority

- Fr Raúl 0450 115 099
- Maureen Roast 0435 245 849
- Anne Hooley 0428 149 793

Contact will be made with Diocesan Safeguarding Office



Our Community is **SAFE**